



18 Lorsch Triathlon

Lorsch / 13.08.2023

0000

Anna Willauer

000: 1:14:49

00: 30

00: 25.50 km

Lorsch Triathlon 0,5-20,5,0

0000:

weibliche AK 2 (TW 25)

00000/000: 100 (of 343)

00000/0: 9 (of 81)

000000: 1:05:08

00000: 4(of 13)

0000000: 1:07:24

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.50	7:53	15:46	1	-	2	4:53	0.50	7:53	15:46	1	-	82	4:53
Wechsel S -> R	-	2:00	-	1	-	7	2:00	0.50	9:53	19:45	1	-	82	9:28
Schwimmen 000	0.50	9:53	19:45	1	-	82	9:28	0.50	9:53	19:45	1	-	82	9:28
Rad netto	20.00	37:54	1:53	4	1:41	13	3:53	20.50	47:47	2:19	14	1:22	82	7:02
Wechsel R -> L	-	1:39	-	11	1:06	67	1:06	20.50	49:26	2:24	14	2:06	82	6:48
Rad 000	20.00	39:33	1:58	4	2:25	17	4:34	20.50	49:26	2:24	14	2:06	82	6:48
Lauf Ziel	5.00	25:23	5:04	4	5:19	26	25:23	25.50	1:14:49	2:56	4	7:25	9	9:41