



# 18 Lorsch Triathlon

Lorsch / 13.08.2023

0000

Tabea Horn

000: 1:39:05

00: 74

00: 25.50 km

Lorsch Triathlon 0,5-20,5,0

00000/000: 327 (of 343)

00000/0: 76 (of 81)

000000: 1:05:08

0000:

weibliche AK 2 (TW 25)

00000: 12(of 13)

0000000: 1:07:24

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	14:03	28:06	11	6:10	68	11:03	0.50	14:03	28:06	14	6:10	68	11:03
Wechsel S -> R	-	4:03	-	12	2:03	73	4:03	0.50	18:06	36:12	14	8:13	71	17:41
Schwimmen 000	0.50	18:06	36:12	14	8:13	71	17:41	0.50	18:06	36:12	14	8:13	71	17:41
Rad netto	20.00	51:34	2:34	13	15:21	80	17:33	20.50	1:09:40	3:23	14	23:15	80	28:55
Wechsel R -> L	-	0:41	-	3	0:08	6	0:08	20.50	1:10:21	3:25	14	23:01	80	27:43
Rad 000	20.00	52:15	2:36	12	15:07	79	17:16	20.50	1:10:21	3:25	14	23:01	80	27:43
Lauf Ziel	5.00	28:44	5:44	8	8:40	53	28:44	25.50	1:39:05	3:53	12	31:41	76	33:57