



18 Lorsch Triathlon

Lorsch / 13.08.2023

0000

Darko Zekanovic

000: 1:24:42

00: 217

00: 25.50 km

Lorsch Triathlon 0,5-20,5,0

00000/000: 220 (of 343)

00000/0: 182 (of 262)

000000: 58:32

0000:

männliche AK 4 (TM 35)

00000: 15(of 23)

0000000: 1:02:13

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	16:13	32:25	22	7:53	255	9:16	0.50	16:13	32:25	24	7:53	263	9:16
Wechsel S -> R	-	2:35	-	12	1:04	113	1:19	0.50	18:48	37:36	24	8:51	263	10:22
Schwimmen 000	0.50	18:48	37:36	24	8:51	263	10:22	0.50	18:48	37:36	24	8:51	263	10:22
Rad netto	20.00	38:12	1:54	12	6:16	153	13:48	20.50	57:00	2:46	24	15:07	263	18:44
Wechsel R -> L	-	1:51	-	22	1:10	241	1:24	20.50	58:51	2:52	24	16:17	263	19:43
Rad 000	20.00	40:03	2:00	13	7:26	166	14:54	20.50	58:51	2:52	24	16:17	263	19:43
Lauf Ziel	5.00	25:51	5:10	15	6:34	163	25:51	25.50	1:24:42	3:19	15	22:29	182	26:10