



Panorama Berglauf  
Luisenthal / 08.07.2023

0000

Pahlke, Jana

00: SpontanRunners

00: 56

00: 12.70 km

12,7 km-Lauf

0000:

Seniorinnen W40 (40-44)

0000: 1:41:19

00: 7.52 km/h

0000: 7:59 min/km

00000/0000: 88 (of 96)

00000/0: 27 (of 32)

000000: 58:31

00000: 9(of 10)

0000000: 1:09:37

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| 000          | 00   | 00    | 00     | 00 | 00    | 00 | 00    | 000   | 000     | 000    | 00 | 00    | 00 | 00    |
|--------------|------|-------|--------|----|-------|----|-------|-------|---------|--------|----|-------|----|-------|
|              | km   | 00    | min/km | -  | -     | 0  | 0     | km    | 00      | min/km | -  | -     | 0  | 0     |
| Zwischenzeit | 6.80 | 58:23 | 8:35   | 9  | 19:40 | 28 | 25:39 | 6.80  | 58:23   | 8:35   | 9  | 19:40 | 28 | 25:39 |
| Ziel         | 6.80 | 42:56 | 6:18   | 9  | 12:02 | 27 | 17:09 | 12.70 | 1:41:19 | 7:58   | 9  | 31:42 | 27 | 42:48 |