



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Skisportverein Erfurt 02 Frauen

□□□: 17:09:01

□□: Skisportverein Erfurt 02

□□: 9.80 km/h

□□: 9

□□□□: 6:05 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 170 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 11(of 15)

Frauenstaffel

□□□□□□□: 12:59:51

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:34:06	6:43	14	27:18	180	37:52	14.00	1:34:06	6:43	14	27:18	192	37:52
Grenzwiese/Kleir	19.60	2:07:29	6:30	9	36:38	171	51:31	33.60	3:41:35	6:35	11	56:38	191	1:28:58
Neue Ausspanne	14.00	1:33:42	6:41	15	28:59	180	40:33	47.60	5:15:17	6:37	15	1:25:37	191	2:07:09
Grenzdler (Ober	13.70	1:19:08	5:46	9	15:01	103	27:16	61.30	6:34:25	6:26	12	1:40:38	191	2:30:15
Allzunah	19.90	2:03:35	6:12	12	41:38	170	55:31	81.20	8:38:00	6:22	12	2:22:16	191	3:22:53
Masserberg (Ren	17.90	1:45:39	5:54	11	22:22	138	37:19	99.10	10:23:39	6:17	12	2:36:54	191	3:54:10
Neuhaus (Rennst	19.90	2:15:37	6:48	14	40:45	180	58:39	119.00	12:39:16	6:22	14	3:17:39	191	4:48:17
Wanderhütte an	13.50	1:21:45	6:03	10	21:19	128	30:24	132.50	14:01:01	6:20	13	3:38:13	191	5:17:39
Brennersgrün	15.90	1:21:58	5:09	5	12:52	60	24:50	148.40	15:22:59	6:13	12	3:48:35	191	5:41:17
Blankenstein	20.30	1:46:02	5:13	8	1:46:02	103	1:46:02	168.97	17:09:01	6:05	11	4:09:10	170	6:10:27