



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Skisportverein Erfurt 02 Frauen

□□□: 17:09:01

□□: Skisportverein Erfurt 02

□□: 9.80 km/h

□□: 9

□□□□: 6:05 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 170 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 11(of 15)

Frauenstaffel

□□□□□□□: 12:59:51

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Hohe Sonne | 14.00 | 1:34:06 | 6:43 | 14 | 27:18 | 180 | 37:52 | 14.00 | 1:34:06 | 6:43 | 14 | 27:18 | 192 | 37:52 |
| Grenzwiese/Kleir | 19.60 | 2:07:29 | 6:30 | 9 | 36:38 | 171 | 51:31 | 33.60 | 3:41:35 | 6:35 | 11 | 56:38 | 191 | 1:28:58 |
| Neue Ausspanne | 14.00 | 1:33:42 | 6:41 | 15 | 28:59 | 180 | 40:33 | 47.60 | 5:15:17 | 6:37 | 15 | 1:25:37 | 191 | 2:07:09 |
| Grenzdler (Ober | 13.70 | 1:19:08 | 5:46 | 9 | 15:01 | 103 | 27:16 | 61.30 | 6:34:25 | 6:26 | 12 | 1:40:38 | 191 | 2:30:15 |
| Allzunah | 19.90 | 2:03:35 | 6:12 | 12 | 41:38 | 170 | 55:31 | 81.20 | 8:38:00 | 6:22 | 12 | 2:22:16 | 191 | 3:22:53 |
| Masserberg (Ren | 17.90 | 1:45:39 | 5:54 | 11 | 22:22 | 138 | 37:19 | 99.10 | 10:23:39 | 6:17 | 12 | 2:36:54 | 191 | 3:54:10 |
| Neuhaus (Rennst | 19.90 | 2:15:37 | 6:48 | 14 | 40:45 | 180 | 58:39 | 119.00 | 12:39:16 | 6:22 | 14 | 3:17:39 | 191 | 4:48:17 |
| Wanderhütte an | 13.50 | 1:21:45 | 6:03 | 10 | 21:19 | 128 | 30:24 | 132.50 | 14:01:01 | 6:20 | 13 | 3:38:13 | 191 | 5:17:39 |
| Brennersgrün | 15.90 | 1:21:58 | 5:09 | 5 | 12:52 | 60 | 24:50 | 148.40 | 15:22:59 | 6:13 | 12 | 3:48:35 | 191 | 5:41:17 |
| Blankenstein | 20.30 | 1:46:02 | 5:13 | 8 | 1:46:02 | 103 | 1:46:02 | 168.97 | 17:09:01 | 6:05 | 11 | 4:09:10 | 170 | 6:10:27 |