



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Buderus Rennsteiger

□□□: 16:14:39

□□: 113

□□: 10.34 km/h

□□□□: 5:46 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 132 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 96(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:19:49	5:42	84	23:35	115	23:35	14.00	1:19:49	5:42	84	23:35	115	23:35
Grenzwiese/Kleir	19.60	2:02:36	6:15	108	46:38	160	46:38	33.60	3:22:25	6:01	105	1:09:48	151	1:09:48
Neue Ausspanne	14.00	1:21:57	5:51	86	28:48	122	28:48	47.60	4:44:22	5:58	101	1:36:14	142	1:36:14
Grenzdler (Ober	13.70	1:26:48	6:20	96	34:56	145	34:56	61.30	6:11:10	6:03	106	2:07:00	150	2:07:00
Allzunah	19.90	1:53:42	5:42	99	45:38	150	45:38	81.20	8:04:52	5:58	110	2:49:45	160	2:49:45
Masserberg (Ren	17.90	1:37:30	5:26	64	29:10	88	29:10	99.10	9:42:22	5:52	103	3:12:53	146	3:12:53
Neuhaus (Rennst	19.90	1:55:25	5:47	85	38:27	119	38:27	119.00	11:37:47	5:51	100	3:46:48	142	3:46:48
Wanderhütte an	13.50	1:14:48	5:32	66	23:27	80	23:27	132.50	12:52:35	5:49	100	4:09:13	137	4:09:13
Brennersgrün	15.90	1:22:08	5:09	46	25:00	63	25:00	148.40	14:14:43	5:45	89	4:33:01	118	4:33:01
Blankenstein	20.30	1:59:56	5:54	95	45:53	147	1:59:56	168.97	16:14:39	5:46	96	5:16:05	132	5:16:05