



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

□□□□

Fat Fighters

□□□: 16:19:11

□□: 128

□□: 10.29 km/h

□□□□: 5:47 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 138 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 100(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:09:33	4:58	25	13:19	35	13:19	14.00	1:09:33	4:58	25	13:19	35	13:19
Grenzwiese/Kleir	19.60	1:52:40	5:44	83	36:42	118	36:42	33.60	3:02:13	5:25	55	49:36	74	49:36
Neue Ausspanne	14.00	1:19:36	5:41	78	26:27	109	26:27	47.60	4:21:49	5:30	67	1:13:41	85	1:13:41
Grenzadler (Ober	13.70	1:24:14	6:08	88	32:22	130	32:22	61.30	5:46:03	5:38	76	1:41:53	98	1:41:53
Allzunah	19.90	1:59:45	6:01	108	51:41	167	51:41	81.20	7:45:48	5:44	92	2:30:41	126	2:30:41
Masserberg (Ren	17.90	1:43:45	5:47	87	35:25	124	35:25	99.10	9:29:33	5:44	93	3:00:04	124	3:00:04
Neuhaus (Rennst	19.90	1:49:09	5:29	67	32:11	91	32:11	119.00	11:18:42	5:42	89	3:27:43	119	3:27:43
Wanderhütte an	13.50	1:14:34	5:31	61	23:13	75	23:13	132.50	12:33:16	5:41	88	3:49:54	114	3:49:54
Brennersgrün	15.90	1:43:06	6:29	107	45:58	168	45:58	148.40	14:16:22	5:46	92	4:34:40	123	4:34:40
Blankenstein	20.30	2:02:49	6:03	104	48:46	161	2:02:49	168.97	16:19:11	5:47	100	5:20:37	138	5:20:37