



# 23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

□□□□

## Gipfelstürmer

□□: Erfurt/Leipzig

□□: 134

□□: 168.97 km

Hörschel-Blankenstein

□□□□:

Männerstaffel

□□□: 16:40:51

□□: 10.07 km/h

□□□□: 5:55 min/km

□□□□□: 151 (of 191)

□□□□□□: 10:58:34

□□□□□: 106(of 122)

□□□□□□□: 10:58:34

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:16:26	5:27	62	20:12	78	20:12	14.00	1:16:26	5:27	62	20:12	78	20:12
Grenzwiese/Kleir	19.60	2:11:42	6:43	115	55:44	177	55:44	33.60	3:28:08	6:11	112	1:15:31	164	1:15:31
Neue Ausspanne	14.00	1:29:42	6:24	109	36:33	166	36:33	47.60	4:57:50	6:15	119	1:49:42	177	1:49:42
Grenzdler (Ober	13.70	1:28:36	6:28	107	36:44	159	36:44	61.30	6:26:26	6:18	119	2:22:16	176	2:22:16
Allzunah	19.90	1:43:17	5:11	76	35:13	106	35:13	81.20	8:09:43	6:01	112	2:54:36	164	2:54:36
Masserberg (Ren	17.90	1:48:55	6:05	101	40:35	152	40:35	99.10	9:58:38	6:02	110	3:29:09	160	3:29:09
Neuhaus (Rennst	19.90	2:11:06	6:35	114	54:08	172	54:08	119.00	12:09:44	6:07	116	4:18:45	172	4:18:45
Wanderhütte an	13.50	1:19:09	5:51	88	27:48	114	27:48	132.50	13:28:53	6:06	114	4:45:31	167	4:45:31
Brennersgrün	15.90	1:22:56	5:12	49	25:48	67	25:48	148.40	14:51:49	6:00	109	5:10:07	159	5:10:07
Blankenstein	20.30	1:49:02	5:22	82	34:59	116	1:49:02	168.97	16:40:51	5:55	106	5:42:17	151	5:42:17