



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

□□□□

TechnoTeam

□□□: 16:53:32

□□: 195

□□: 9.95 km/h

□□□□: 5:59 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 161 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 110(of 122)

Männerstaffel

□□□□□□□: 10:58:34

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:16:39	5:28	64	20:25	80	20:25	14.00	1:16:39	5:28	64	20:25	80	20:25
Grenzwiese/Kleir	19.60	1:49:25	5:34	72	33:27	103	33:27	33.60	3:06:04	5:32	69	53:27	92	53:27
Neue Ausspanne	14.00	1:29:04	6:21	107	35:55	164	35:55	47.60	4:35:08	5:46	86	1:27:00	117	1:27:00
Grenzdler (Ober	13.70	1:34:00	6:51	115	42:08	176	42:08	61.30	6:09:08	6:01	102	2:04:58	141	2:04:58
Allzunah	19.90	2:08:43	6:28	116	1:00:39	180	1:00:39	81.20	8:17:51	6:07	117	3:02:44	172	3:02:44
Masserberg (Ren	17.90	1:29:08	4:58	32	20:48	45	20:48	99.10	9:46:59	5:55	105	3:17:30	149	3:17:30
Neuhaus (Rennst	19.90	2:04:27	6:15	105	47:29	155	47:29	119.00	11:51:26	5:58	106	4:00:27	153	4:00:27
Wanderhütte an	13.50	1:37:12	7:12	118	45:51	183	45:51	132.50	13:28:38	6:06	113	4:45:16	166	4:45:16
Brennersgrün	15.90	1:27:04	5:28	65	29:56	95	29:56	148.40	14:55:42	6:02	111	5:14:00	163	5:14:00
Blankenstein	20.30	1:57:50	5:48	92	43:47	141	1:57:50	168.97	16:53:32	5:59	110	5:54:58	161	5:54:58