



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Roter Stern Pfafferoode I

□□□: 17:04:39

□□: 172

□□: 9.84 km/h

□□□□: 6:03 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 166 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 112(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:12:35	5:11	38	16:21	51	16:21	14.00	1:12:35	5:11	38	16:21	51	16:21
Grenzwiese/Kleir	19.60	2:04:07	6:19	110	48:09	166	48:09	33.60	3:16:42	5:51	93	1:04:05	133	1:04:05
Neue Ausspanne	14.00	1:24:10	6:00	92	31:01	135	31:01	47.60	4:40:52	5:54	95	1:32:44	133	1:32:44
Grenzdler (Ober	13.70	1:08:39	5:00	36	16:47	40	16:47	61.30	5:49:31	5:42	81	1:45:21	106	1:45:21
Allzunah	19.90	1:56:33	5:51	104	48:29	158	48:29	81.20	7:46:04	5:44	93	2:30:57	127	2:30:57
Masserberg (Ren	17.90	1:48:38	6:04	100	40:18	150	40:18	99.10	9:34:42	5:47	95	3:05:13	130	3:05:13
Neuhaus (Rennst	19.90	2:22:32	7:09	119	1:05:34	183	1:05:34	119.00	11:57:14	6:01	110	4:06:15	159	4:06:15
Wanderhütte an	13.50	1:17:02	5:42	74	25:41	93	25:41	132.50	13:14:16	5:59	106	4:30:54	152	4:30:54
Brennersgrün	15.90	1:36:35	6:04	96	39:27	145	39:27	148.40	14:50:51	6:00	107	5:09:09	157	5:09:09
Blankenstein	20.30	2:13:48	6:35	117	59:45	184	2:13:48	168.97	17:04:39	6:03	112	6:06:05	166	6:06:05