



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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LG Rippershausen

□□□: 17:07:25

□□: 157

□□: 9.81 km/h

□□□□: 6:04 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 167 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 113(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:23:38	5:58	102	27:24	143	27:24	14.00	1:23:38	5:58	102	27:24	143	27:24
Grenzwiese/Kleir	19.60	1:54:22	5:50	91	38:24	129	38:24	33.60	3:18:00	5:53	94	1:05:23	134	1:05:23
Neue Ausspanne	14.00	1:23:14	5:56	87	30:05	128	30:05	47.60	4:41:14	5:54	98	1:33:06	136	1:33:06
Grenzdler (Ober	13.70	1:28:28	6:27	106	36:36	158	36:36	61.30	6:09:42	6:01	104	2:05:32	144	2:05:32
Allzunah	19.90	1:40:05	5:01	63	32:01	85	32:01	81.20	7:49:47	5:47	96	2:34:40	131	2:34:40
Masserberg (Ren	17.90	1:59:43	6:41	113	51:23	176	51:23	99.10	9:49:30	5:56	108	3:20:01	154	3:20:01
Neuhaus (Rennst	19.90	2:04:40	6:15	106	47:42	156	47:42	119.00	11:54:10	6:00	108	4:03:11	157	4:03:11
Wanderhütte an	13.50	1:44:51	7:46	121	53:30	189	53:30	132.50	13:39:01	6:10	115	4:55:39	170	4:55:39
Brennersgrün	15.90	1:25:10	5:21	56	28:02	81	28:02	148.40	15:04:11	6:05	112	5:22:29	165	5:22:29
Blankenstein	20.30	2:03:14	6:04	105	49:11	162	2:03:14	168.97	17:07:25	6:04	113	6:08:51	167	6:08:51