



# 23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Treffurt's Amazonen

□□□: 17:51:50

□□: 12

□□: 9.40 km/h

□□□□: 6:20 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 182 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 13(of 15)

Frauenstaffel

□□□□□□□: 12:59:51

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:23:46	5:59	7	16:58	144	27:32	14.00	1:23:46	5:59	7	16:58	192	27:32
Grenzwiese/Kleir	19.60	2:22:23	7:15	15	51:32	188	1:06:25	33.60	3:46:09	6:43	14	1:01:12	191	1:33:32
Neue Ausspanne	14.00	1:27:06	6:13	13	22:23	154	33:57	47.60	5:13:15	6:34	13	1:23:35	191	2:05:07
Grenzdler (Ober	13.70	1:27:24	6:22	13	23:17	151	35:32	61.30	6:40:39	6:32	13	1:46:52	191	2:36:29
Allzunah	19.90	2:12:23	6:39	14	50:26	182	1:04:19	81.20	8:53:02	6:33	14	2:37:18	191	3:37:55
Masserberg (Ren	17.90	1:34:19	5:16	6	11:02	74	25:59	99.10	10:27:21	6:19	13	2:40:36	191	3:57:52
Neuhaus (Rennst	19.90	2:04:53	6:16	10	30:01	157	47:55	119.00	12:32:14	6:19	13	3:10:37	191	4:41:15
Wanderhütte an	13.50	1:48:12	8:00	15	47:46	190	56:51	132.50	14:20:26	6:29	15	3:57:38	191	5:37:04
Brennersgrün	15.90	1:29:32	5:37	9	20:26	113	32:24	148.40	15:49:58	6:24	14	4:15:34	191	6:08:16
Blankenstein	20.30	2:01:52	6:00	14	2:01:52	152	2:01:52	168.97	17:51:50	6:20	13	4:51:59	183	6:53:16