



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Schwabenpfeil

□□□: 17:43:22

□□: 174

□□: 9.53 km/h

□□□□: 6:17 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 180 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 119(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:17:11	5:30	68	20:57	87	20:57	14.00	1:17:11	5:30	68	20:57	87	20:57
Grenzwiese/Kleir	19.60	1:58:50	6:03	100	42:52	150	42:52	33.60	3:16:01	5:50	90	1:03:24	128	1:03:24
Neue Ausspanne	14.00	1:25:11	6:05	95	32:02	140	32:02	47.60	4:41:12	5:54	97	1:33:04	135	1:33:04
Grenzdler (Ober	13.70	1:37:02	7:04	117	45:10	180	45:10	61.30	6:18:14	6:10	115	2:14:04	167	2:14:04
Allzunah	19.90	2:05:41	6:18	112	57:37	174	57:37	81.20	8:23:55	6:12	119	3:08:48	179	3:08:48
Masserberg (Ren	17.90	1:58:38	6:37	111	50:18	172	50:18	99.10	10:22:33	6:16	119	3:53:04	180	3:53:04
Neuhaus (Rennst	19.90	1:57:05	5:53	90	40:07	127	40:07	119.00	12:19:38	6:12	117	4:28:39	174	4:28:39
Wanderhütte an	13.50	1:35:27	7:04	116	44:06	178	44:06	132.50	13:55:05	6:18	118	5:11:43	178	5:11:43
Brennersgrün	15.90	1:44:19	6:33	110	47:11	172	47:11	148.40	15:39:24	6:19	118	5:57:42	181	5:57:42
Blankenstein	20.30	2:03:58	6:06	107	49:55	167	2:03:58	168.97	17:43:22	6:17	119	6:44:48	181	6:44:48