



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Leipziger Laufteam

□□□: 14:42:57

□□: 539

□□: 11.42 km/h
□□□□: 5:13 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 51 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 8(of 54)

Mixstaffel

□□□□□□□: 12:12:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:08:08	4:52	9	11:19	30	11:54	14.00	1:08:08	4:52	9	11:19	192	11:54
Grenzwiese/Kleir	19.60	2:19:33	7:07	52	1:02:47	185	1:03:35	33.60	3:27:41	6:10	44	1:08:52	191	1:15:04
Neue Ausspanne	14.00	1:20:41	5:45	26	21:03	117	27:32	47.60	4:48:22	6:03	42	1:23:50	191	1:40:14
Grenzdler (Ober	13.70	1:22:02	5:59	29	20:44	121	30:10	61.30	6:10:24	6:02	35	1:31:13	191	2:06:14
Allzunah	19.90	1:23:58	4:13	5	12:08	24	15:54	81.20	7:34:22	5:35	20	1:29:31	191	2:19:15
Masserberg (Ren	17.90	1:26:47	4:50	9	9:49	32	18:27	99.10	9:01:09	5:27	16	1:39:20	191	2:31:40
Neuhaus (Rennst	19.90	1:52:46	5:40	26	34:11	114	35:48	119.00	10:53:55	5:29	18	2:13:31	191	3:02:56
Wanderhütte an	13.50	1:07:31	5:00	5	13:13	43	16:10	132.50	12:01:26	5:26	14	2:15:54	191	3:18:04
Brennersgrün	15.90	1:21:10	5:06	11	17:04	58	24:02	148.40	13:22:36	5:24	11	2:27:13	191	3:40:54
Blankenstein	20.30	1:20:21	3:57	2	3:44	9	1:20:21	168.97	14:42:57	5:13	8	2:30:57	51	3:44:23