



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Ratsrunners

□□: Evangelisches Ratsgymnasium Erfurt
 □□: 545

□□: 168.97 km
 Hörschel-Blankenstein

□□□□:
 Mixstaffel

□□□: 14:57:50

□□: 11.23 km/h
 □□□□: 5:18 min/km

□□□□□: 58 (of 191)

□□□□□□: 10:58:34

□□□□□: 11(of 54)

□□□□□□□: 12:12:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:27:12	6:13	41	30:23	158	30:58	14.00	1:27:12	6:13	41	30:23	192	30:58
Grenzwiese/Kleir	19.60	1:28:42	4:31	6	11:56	16	12:44	33.60	2:55:54	5:14	15	37:05	191	43:17
Neue Ausspanne	14.00	1:08:54	4:55	7	9:16	45	15:45	47.60	4:04:48	5:08	11	40:16	49	56:40
Grenzdler (Ober	13.70	1:31:06	6:38	44	29:48	171	39:14	61.30	5:35:54	5:28	14	56:43	191	1:31:44
Allzunah	19.90	1:41:05	5:04	23	29:15	95	33:01	81.20	7:16:59	5:22	15	1:12:08	191	2:01:52
Masserberg (Ren	17.90	1:20:33	4:30	4	3:35	14	12:13	99.10	8:37:32	5:13	9	1:15:43	191	2:08:03
Neuhaus (Rennst	19.90	1:59:49	6:01	35	41:14	139	42:51	119.00	10:37:21	5:21	13	1:56:57	191	2:46:22
Wanderhütte an	13.50	1:29:24	6:37	42	35:06	165	38:03	132.50	12:06:45	5:29	15	2:21:13	191	3:23:23
Brennersgrün	15.90	1:21:17	5:06	12	17:11	59	24:09	148.40	13:28:02	5:26	13	2:32:39	191	3:46:20
Blankenstein	20.30	1:29:48	4:25	5	13:11	34	1:29:48	168.97	14:57:50	5:18	11	2:45:50	58	3:59:16