



# 23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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## Speedy Ladies Eichsfeld

□□: Kefferhausen

□□: 11

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: DNF (of 191)

□□□□□□: 10:58:34

□□□□:

Frauenstaffel

□□□□□: DNF(of 15)

□□□□□□□: 12:59:51

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Hohe Sonne	14.00	1:31:16	6:31	12	24:28	172	35:02	14.00	1:31:16	6:31	12	24:28	192	35:02
Grenzwiese/Kleir	19.60	2:07:38	6:30	10	36:47	172	51:40	33.60	3:38:54	6:30	9	53:57	191	1:26:17
Neue Ausspanne	14.00	1:24:53	6:03	10	20:10	137	31:44	47.60	5:03:47	6:22	10	1:14:07	191	1:55:39
Grenzdler (Ober	13.70	1:22:56	6:03	10	18:49	127	31:04	61.30	6:26:43	6:18	10	1:32:56	191	2:22:33
Allzunah	19.90	2:14:06	6:44	15	52:09	184	1:06:02	81.20	8:40:49	6:24	13	2:25:05	191	3:25:42
Masserberg (Ren	17.90	1:29:44	5:00	2	6:27	50	21:24	99.10	10:10:33	6:09	10	2:23:48	191	3:41:04
Neuhaus (Rennst	19.90	1:47:45	5:24	5	12:53	86	30:47	119.00	11:58:18	6:02	9	2:36:41	191	4:07:19
Wanderhütte an	13.50	1:33:32	6:55	14	33:06	173	42:11	132.50	13:31:50	6:07	10	3:09:02	191	4:48:28
Brennersgrün	15.90	1:35:01	5:58	12	25:55	136	37:53	148.40	15:06:51	6:06	10	3:32:27	191	5:25:09
Blankenstein	20.30		0:00	1	-	1	-	168.97	-	-	-	-	-	-