



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Laufteam Scheler GmbH & Friends II □□□: 15:12:14

□□: SV Mihla
 □□: 537

□□: 11.11 km/h
 □□□□: 5:23 min/km

□□: 168.97 km
 Hörschel-Blankenstein

□□□□□: 76 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 13(of 54)

Mixstaffel

□□□□□□□: 12:12:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:29:01	6:21	43	32:12	161	32:47	14.00	1:29:01	6:21	43	32:12	192	32:47
Grenzwiese/Kleir	19.60	1:58:49	6:03	44	42:03	149	42:51	33.60	3:27:50	6:11	45	1:09:01	191	1:15:13
Neue Ausspanne	14.00	1:06:26	4:44	5	6:48	33	13:17	47.60	4:34:16	5:45	26	1:09:44	191	1:26:08
Grenzdler (Ober	13.70	1:09:27	5:04	5	8:09	45	17:35	61.30	5:43:43	5:36	16	1:04:32	191	1:39:33
Allzunah	19.90	1:37:34	4:54	17	25:44	74	29:30	81.20	7:21:17	5:26	16	1:16:26	191	2:06:10
Masserberg (Ren	17.90	1:23:26	4:39	6	6:28	21	15:06	99.10	8:44:43	5:17	12	1:22:54	191	2:15:14
Neuhaus (Rennst	19.90	1:42:55	5:10	12	24:20	59	25:57	119.00	10:27:38	5:16	8	1:47:14	191	2:36:39
Wanderhütte an	13.50	1:28:40	6:34	40	34:22	163	37:19	132.50	11:56:18	5:24	11	2:10:46	191	3:12:56
Brennersgrün	15.90	1:32:37	5:49	32	28:31	129	35:29	148.40	13:28:55	5:27	14	2:33:32	191	3:47:13
Blankenstein	20.30	1:43:19	5:05	17	26:42	94	1:43:19	168.97	15:12:14	5:23	13	3:00:14	76	4:13:40