



# 23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Dream-Team-Ilmenau

□□□: 15:14:23

□□: Dream-Team-Ilmenau

□□: 11.02 km/h

□□: 515

□□□□: 5:24 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 78 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 14(of 54)

Mixstaffel

□□□□□□□: 12:12:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:20:31	5:45	28	23:42	122	24:17	14.00	1:20:31	5:45	28	23:42	192	24:17
Grenzwiese/Kleir	19.60	1:34:42	4:49	12	17:56	39	18:44	33.60	2:55:13	5:12	13	36:24	191	42:36
Neue Ausspanne	14.00	1:44:39	7:28	54	45:01	190	51:30	47.60	4:39:52	5:52	30	1:15:20	191	1:31:44
Grenzdler (Ober	13.70	1:29:58	6:34	42	28:40	167	38:06	61.30	6:09:50	6:01	34	1:30:39	191	2:05:40
Allzunah	19.90	1:30:51	4:33	13	19:01	47	22:47	81.20	7:40:41	5:40	25	1:35:50	191	2:25:34
Masserberg (Ren	17.90	1:21:45	4:34	5	4:47	17	13:25	99.10	9:02:26	5:28	18	1:40:37	191	2:32:57
Neuhaus (Rennst	19.90	1:39:02	4:58	10	20:27	45	22:04	119.00	10:41:28	5:23	14	2:01:04	191	2:50:29
Wanderhütte an	13.50	1:18:51	5:50	18	24:33	109	27:30	132.50	12:00:19	5:26	13	2:14:47	191	3:16:57
Brennersgrün	15.90	1:24:30	5:18	18	20:24	75	27:22	148.40	13:24:49	5:25	12	2:29:26	191	3:43:07
Blankenstein	20.30	1:49:34	5:23	27	32:57	120	1:49:34	168.97	15:14:23	5:24	14	3:02:23	78	4:15:49