



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Schleizer Wisente

□□□: 15:43:06

□□: 557

□□: 10.69 km/h

□□□□: 5:34 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 101 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 18(of 54)

Mixstaffel

□□□□□□□: 12:12:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	56:49	4:03	1	-	3	0:35	14.00	56:49	4:03	1	-	192	0:35
Grenzwiese/Kleir	19.60	1:48:32	5:32	26	31:46	99	32:34	33.60	2:45:21	4:55	10	26:32	191	32:44
Neue Ausspanne	14.00	1:31:33	6:32	46	31:55	173	38:24	47.60	4:16:54	5:23	14	52:22	191	1:08:46
Grenzdler (Ober	13.70	1:32:48	6:46	46	31:30	174	40:56	61.30	5:49:42	5:42	21	1:10:31	191	1:45:32
Allzunah	19.90	1:44:44	5:15	28	32:54	111	36:40	81.20	7:34:26	5:35	21	1:29:35	191	2:19:19
Masserberg (Ren	17.90	1:42:26	5:43	25	25:28	117	34:06	99.10	9:16:52	5:37	23	1:55:03	191	2:47:23
Neuhaus (Rennst	19.90	1:47:35	5:24	19	29:00	84	30:37	119.00	11:04:27	5:35	20	2:24:03	191	3:13:28
Wanderhütte an	13.50	1:16:16	5:38	11	21:58	87	24:55	132.50	12:20:43	5:35	20	2:35:11	191	3:37:21
Brennersgrün	15.90	1:23:39	5:15	15	19:33	70	26:31	148.40	13:44:22	5:33	16	2:48:59	191	4:02:40
Blankenstein	20.30	1:58:44	5:50	39	42:07	145	1:58:44	168.97	15:43:06	5:34	18	3:31:06	101	4:44:32