



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

□□□□

Wopper Hopper

□□: SWV Goldlauter-Heidersbach e.V.
 □□: 582

□□: 168.97 km
 Hörschel-Blankenstein

□□□□:
 Mixstaffel

□□□: 16:08:56

□□: 10.40 km/h
 □□□□: 5:44 min/km

□□□□□: 123 (of 191)

□□□□□□: 10:58:34

□□□□□: 25(of 54)

□□□□□□□: 12:12:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:16:47	5:29	15	19:58	83	20:33	14.00	1:16:47	5:29	15	19:58	192	20:33
Grenzwiese/Kleir	19.60	1:57:44	6:00	42	40:58	144	41:46	33.60	3:14:31	5:47	32	55:42	191	1:01:54
Neue Ausspanne	14.00	1:27:47	6:16	41	28:09	157	34:38	47.60	4:42:18	5:55	33	1:17:46	191	1:34:10
Grenzdler (Ober	13.70	1:09:55	5:06	6	8:37	47	18:03	61.30	5:52:13	5:44	23	1:13:02	191	1:48:03
Allzunah	19.90	2:03:45	6:13	50	51:55	171	55:41	81.20	7:55:58	5:51	34	1:51:07	191	2:40:51
Masserberg (Ren	17.90	1:40:34	5:37	24	23:36	110	32:14	99.10	9:36:32	5:49	33	2:14:43	191	3:07:03
Neuhaus (Rennst	19.90	1:44:52	5:16	17	26:17	70	27:54	119.00	11:21:24	5:43	28	2:41:00	191	3:30:25
Wanderhütte an	13.50	1:19:33	5:53	20	25:15	118	28:12	132.50	12:40:57	5:44	26	2:55:25	191	3:57:35
Brennersgrün	15.90	1:32:19	5:48	30	28:13	126	35:11	148.40	14:13:16	5:44	24	3:17:53	191	4:31:34
Blankenstein	20.30	1:55:40	5:41	36	39:03	136	1:55:40	168.97	16:08:56	5:44	25	3:56:56	123	5:10:22