



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

SG Rennsteig

SG Rennsteig Masserberg

SG: SG Rennsteig Masserberg e.V.
SG: 562

SG: 168.97 km

Hörschel-Blankenstein

SG:

Mixstaffel

SG: 16:12:42

SG: 10.36 km/h
SG: 5:45 min/km

SG: 128 (of 191)

SG: 10:58:34

SG: 28(of 54)

SG: 12:12:00

SG

SG

SG

SG	km	SG	min/km	-	-	SG	SG	km	SG	min/km	-	-	SG	SG
Hohe Sonne	14.00	1:29:00	6:21	42	32:11	160	32:46	14.00	1:29:00	6:21	42	32:11	192	32:46
Grenzwiese/Kleir	19.60	1:29:00	4:32	7	12:14	17	13:02	33.60	2:58:00	5:17	16	39:11	191	45:23
Neue Ausspanne	14.00	1:29:00	6:21	43	29:22	163	35:51	47.60	4:27:00	5:36	18	1:02:28	191	1:18:52
Grenzadler (Ober	13.70	1:29:00	6:29	40	27:42	161	37:08	61.30	5:56:00	5:48	26	1:16:49	191	1:51:50
Allzunah	19.90	1:29:00	4:28	9	17:10	38	20:56	81.20	7:25:00	5:28	17	1:20:09	191	2:09:53
Masserberg (Ren	17.90	1:29:07	4:58	12	12:09	44	20:47	99.10	8:54:07	5:23	15	1:32:18	191	2:24:38
Neuhaus (Rennst	19.90	2:44:03	8:14	54	1:25:28	190	1:27:05	119.00	11:38:10	5:52	37	2:57:46	191	3:47:11
Wanderhütte an	13.50	1:25:07	6:18	32	30:49	148	33:46	132.50	13:03:17	5:54	38	3:17:45	191	4:19:55
Brennersgrün	15.90	1:22:33	5:11	13	18:27	66	25:25	148.40	14:25:50	5:50	30	3:30:27	191	4:44:08
Blankenstein	20.30	1:46:52	5:15	23	30:15	110	1:46:52	168.97	16:12:42	5:45	28	4:00:42	128	5:14:08