



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Keil-Schubert-Becker GbR

□□□: 16:39:32

□□: 529

□□: 10.08 km/h
□□□□: 5:54 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 148 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 39(of 54)

Mixstaffel

□□□□□□□: 12:12:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	2:16:34	9:45	54	1:19:45	191	1:20:20	14.00	2:16:34	9:45	54	1:19:45	192	1:20:20
Grenzwiese/Kleir	19.60	1:59:27	6:05	45	42:41	151	43:29	33.60	4:16:01	7:37	53	1:57:12	191	2:03:24
Neue Ausspanne	14.00	1:09:33	4:58	8	9:55	50	16:24	47.60	5:25:34	6:50	53	2:01:02	191	2:17:26
Grenzdler (Ober	13.70	1:15:10	5:29	16	13:52	80	23:18	61.30	6:40:44	6:32	50	2:01:33	191	2:36:34
Allzunah	19.90	1:40:40	5:03	21	28:50	93	32:36	81.20	8:21:24	6:10	48	2:16:33	191	3:06:17
Masserberg (Ren	17.90	1:52:03	6:15	43	35:05	159	43:43	99.10	10:13:27	6:11	49	2:51:38	191	3:43:58
Neuhaus (Rennst	19.90	1:56:49	5:52	29	38:14	125	39:51	119.00	12:10:16	6:08	47	3:29:52	191	4:19:17
Wanderhütte an	13.50	1:18:17	5:47	14	23:59	102	26:56	132.50	13:28:33	6:06	44	3:43:01	191	4:45:11
Brennersgrün	15.90	1:24:29	5:18	17	20:23	74	27:21	148.40	14:53:02	6:01	43	3:57:39	191	5:11:20
Blankenstein	20.30	1:46:30	5:14	22	29:53	108	1:46:30	168.97	16:39:32	5:54	39	4:27:32	148	5:40:58