



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Narrenstaffel 2

□□□: 16:52:46

□□: 542

□□: 9.95 km/h

□□□□: 5:59 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 160 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 43(of 54)

Mixstaffel

□□□□□□□: 12:12:00

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□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:19:42	5:41	27	22:53	114	23:28	14.00	1:19:42	5:41	27	22:53	192	23:28
Grenzwiese/Kleir	19.60	1:55:33	5:53	35	38:47	132	39:35	33.60	3:15:15	5:48	34	56:26	191	1:02:38
Neue Ausspanne	14.00	1:31:53	6:33	47	32:15	176	38:44	47.60	4:47:08	6:01	40	1:22:36	191	1:39:00
Grenzdler (Ober	13.70	1:21:57	5:58	28	20:39	119	30:05	61.30	6:09:05	6:01	32	1:29:54	191	2:04:55
Allzunah	19.90	1:54:39	5:45	45	42:49	152	46:35	81.20	8:03:44	5:57	42	1:58:53	191	2:48:37
Masserberg (Ren	17.90	1:58:58	6:38	49	42:00	173	50:38	99.10	10:02:42	6:04	45	2:40:53	191	3:33:13
Neuhaus (Rennst	19.90	1:55:55	5:49	27	37:20	121	38:57	119.00	11:58:37	6:02	42	3:18:13	191	4:07:38
Wanderhütte an	13.50	1:28:26	6:33	39	34:08	162	37:05	132.50	13:27:03	6:05	43	3:41:31	191	4:43:41
Brennersgrün	15.90	1:17:29	4:52	9	13:23	40	20:21	148.40	14:44:32	5:57	40	3:49:09	191	5:02:50
Blankenstein	20.30	2:08:14	6:19	50	51:37	175	2:08:14	168.97	16:52:46	5:59	43	4:40:46	160	5:54:12