



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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FINGERbande

□□□: 17:14:14

□□: 521

□□: 9.75 km/h
□□□□: 6:07 min/km

□□: 168.97 km
Hörschel-Blankenstein

□□□□□: 173 (of 191)

□□□□□□: 10:58:34

□□□□:
Mixstaffel

□□□□□: 46(of 54)

□□□□□□□: 12:12:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:17:31	5:32	20	20:42	93	21:17	14.00	1:17:31	5:32	20	20:42	192	21:17
Grenzwiese/Kleir	19.60	1:46:49	5:26	22	30:03	90	30:51	33.60	3:04:20	5:29	19	45:31	191	51:43
Neue Ausspanne	14.00	1:34:43	6:45	50	35:05	182	41:34	47.60	4:39:03	5:51	28	1:14:31	191	1:30:55
Grenzdler (Ober	13.70	1:39:35	7:16	50	38:17	184	47:43	61.30	6:18:38	6:10	45	1:39:27	191	2:14:28
Allzunah	19.90	1:48:22	5:26	35	36:32	131	40:18	81.20	8:07:00	5:59	45	2:02:09	191	2:51:53
Masserberg (Ren	17.90	2:16:17	7:36	54	59:19	189	1:07:57	99.10	10:23:17	6:17	51	3:01:28	191	3:53:48
Neuhaus (Rennst	19.90	1:58:57	5:58	33	40:22	134	41:59	119.00	12:22:14	6:14	49	3:41:50	191	4:31:15
Wanderhütte an	13.50	1:25:45	6:21	34	31:27	152	34:24	132.50	13:47:59	6:14	48	4:02:27	191	5:04:37
Brennersgrün	15.90	1:37:59	6:09	40	33:53	150	40:51	148.40	15:25:58	6:14	49	4:30:35	191	5:44:16
Blankenstein	20.30	1:48:16	5:19	24	31:39	112	1:48:16	168.97	17:14:14	6:07	46	5:02:14	173	6:15:40