



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Stadtverwaltung Suhl - Heimat für Macher 17:44:56

□□: 567

□□: 9.52 km/h
 □□□□: 6:18 min/km

□□: 168.97 km
 Hörschel-Blankenstein

□□□□□: 181 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 50(of 54)

Mixstaffel

□□□□□□□: 12:12:00

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□
Hohe Sonne	14.00	1:24:12	6:00	37	27:23	147	27:58	14.00	1:24:12	6:00	37	27:23	192 27:58
Grenzwiese/Kleir	19.60	2:03:59	6:19	48	47:13	164	48:01	33.60	3:28:11	6:11	46	1:09:22	191 1:15:34
Neue Ausspanne	14.00	1:31:21	6:31	45	31:43	171	38:12	47.60	4:59:32	6:17	50	1:35:00	191 1:51:24
Grenzdler (Ober	13.70	1:22:09	5:59	30	20:51	122	30:17	61.30	6:21:41	6:13	48	1:42:30	191 2:17:31
Allzunah	19.90	1:57:47	5:55	48	45:57	163	49:43	81.20	8:19:28	6:09	47	2:14:37	191 3:04:21
Masserberg (Ren	17.90	1:49:30	6:07	41	32:32	154	41:10	99.10	10:08:58	6:08	48	2:47:09	191 3:39:29
Neuhaus (Rennst	19.90	2:24:19	7:15	51	1:05:44	184	1:07:21	119.00	12:33:17	6:19	50	3:52:53	191 4:42:18
Wanderhütte an	13.50	1:43:34	7:40	54	49:16	188	52:13	132.50	14:16:51	6:28	52	4:31:19	191 5:33:29
Brennersgrün	15.90	1:36:49	6:05	37	32:43	146	39:41	148.40	15:53:40	6:25	52	4:58:17	191 6:11:58
Blankenstein	20.30	1:51:16	5:28	31	34:39	125	1:51:16	168.97	17:44:56	6:18	51	5:32:56	182 6:46:22