



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Stetzerbecher Läufer

□□□: 18:32:11

□□: 566

□□: 9.06 km/h
□□□□: 6:34 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 187 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 52(of 54)

Mixstaffel

□□□□□□□: 12:12:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:34:59	6:47	51	38:10	183	38:45	14.00	1:34:59	6:47	51	38:10	192	38:45
Grenzwiese/Kleir	19.60	2:54:38	8:54	54	1:37:52	190	1:38:40	33.60	4:29:37	8:01	54	2:10:48	191	2:17:00
Neue Ausspanne	14.00	1:21:48	5:50	27	22:10	120	28:39	47.60	5:51:25	7:22	54	2:26:53	191	2:43:17
Grenzdler (Ober	13.70	1:44:39	7:38	51	43:21	186	52:47	61.30	7:36:04	7:26	54	2:56:53	191	3:31:54
Allzunah	19.90	1:27:21	4:23	7	15:31	30	19:17	81.20	9:03:25	6:41	53	2:58:34	191	3:48:18
Masserberg (Ren	17.90	1:44:18	5:49	30	27:20	127	35:58	99.10	10:47:43	6:32	53	3:25:54	191	4:18:14
Neuhaus (Rennst	19.90	2:15:07	6:47	48	56:32	179	58:09	119.00	13:02:50	6:34	53	4:22:26	191	5:11:51
Wanderhütte an	13.50	1:30:11	6:40	44	35:53	168	38:50	132.50	14:33:01	6:35	53	4:47:29	191	5:49:39
Brennersgrün	15.90	1:46:22	6:41	49	42:16	175	49:14	148.40	16:19:23	6:35	53	5:24:00	191	6:37:41
Blankenstein	20.30	2:12:48	6:32	52	56:11	181	2:12:48	168.97	18:32:11	6:34	53	6:20:11	188	7:33:37