



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Oßwald Herren

□□: Skilanglauf Thüringen

□□: 213

□□: 168.97 km

Hörschel-Blankenstein

□□□□:

Männerstaffel

□□□: 11:43:35

□□: 14.33 km/h

□□□□: 4:09 min/km

□□□□□: 5 (of 191)

□□□□□□: 10:58:34

□□□□□: 5(of 122)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	56:14	4:00	1	-	1	-	14.00	56:14	4:00	1	-	1	-
Grenzwiese/Kleir	19.60	1:16:23	3:53	2	0:25	2	0:25	33.60	2:12:37	3:56	1	-	1	-
Neue Ausspanne	14.00	55:31	3:57	3	2:22	3	2:22	47.60	3:08:08	3:57	1	-	1	-
Grenzdler (Ober	13.70	58:55	4:18	7	7:03	7	7:03	61.30	4:07:03	4:01	2	2:53	2	2:53
Allzunah	19.90	1:08:04	3:25	1	-	1	-	81.20	5:15:07	3:52	1	-	1	-
Masserberg (Ren	17.90	1:26:55	4:51	23	18:35	33	18:35	99.10	6:42:02	4:03	3	12:33	3	12:33
Neuhaus (Rennst	19.90	1:28:02	4:25	9	11:04	12	11:04	119.00	8:10:04	4:07	4	19:05	4	19:05
Wanderhütte an	13.50	58:33	4:20	7	7:12	9	7:12	132.50	9:08:37	4:08	4	25:15	4	25:15
Brennersgrün	15.90	1:10:13	4:24	10	13:05	13	13:05	148.40	10:18:50	4:10	5	37:08	5	37:08
Blankenstein	20.30	1:24:45	4:10	11	10:42	16	1:24:45	168.97	11:43:35	4:09	5	45:01	5	45:01