



# 23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Harzer Teufel powered by No1 mode □□□: 12:53:41

□□: 139

□□: 168.97 km

Hörschel-Blankenstein

□□□□:

Männerstaffel

□□: 13.03 km/h

□□□□: 4:34 min/km

□□□□□: 14 (of 191)

□□□□□□: 10:58:34

□□□□□: 12(of 122)

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Hohe Sonne	14.00	1:08:22	4:52	21	12:08	31	12:08	14.00	1:08:22	4:52	21	12:08	31	12:08
Grenzwiese/Kleir	19.60	1:32:43	4:43	22	16:45	34	16:45	33.60	2:41:05	4:47	14	28:28	21	28:28
Neue Ausspanne	14.00	55:23	3:57	2	2:14	2	2:14	47.60	3:36:28	4:32	10	28:20	11	28:20
Grenzadler (Ober	13.70	1:04:25	4:42	18	12:33	20	12:33	61.30	4:40:53	4:34	9	36:43	10	36:43
Allzunah	19.90	1:24:17	4:14	19	16:13	25	16:13	81.20	6:05:10	4:29	12	50:03	13	50:03
Masserberg (Ren	17.90	1:27:11	4:52	25	18:51	35	18:51	99.10	7:32:21	4:33	12	1:02:52	14	1:02:52
Neuhaus (Rennst	19.90	1:29:56	4:31	14	12:58	18	12:58	119.00	9:02:17	4:33	12	1:11:18	13	1:11:18
Wanderhütte an	13.50	1:04:23	4:46	21	13:02	26	13:02	132.50	10:06:40	4:34	10	1:23:18	11	1:23:18
Brennersgrün	15.90	1:21:02	5:05	40	23:54	54	23:54	148.40	11:27:42	4:38	13	1:46:00	15	1:46:00
Blankenstein	20.30	1:25:59	4:14	13	11:56	20	1:25:59	168.97	12:53:41	4:34	12	1:55:07	14	1:55:07