



# 23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Harzer Hexen powered by Fachwerk **OLB**: 14:30:42

□□: Lok Blankenburg

□□: 11.58 km/h

□□: 2

□□□□: 5:09 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 45 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 3(of 15)

Frauenstaffel

□□□□□□□: 12:59:51

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:18:33	5:36	4	11:45	101	22:19	14.00	1:18:33	5:36	4	11:45	102	22:19
Grenzwiese/Kleir	19.60	2:03:42	6:18	8	32:51	163	47:44	33.60	3:22:15	6:01	6	37:18	191	1:09:38
Neue Ausspanne	14.00	1:09:51	4:59	2	5:08	53	16:42	47.60	4:32:06	5:42	5	42:26	191	1:23:58
Grenzdler (Ober	13.70	1:09:02	5:02	2	4:55	42	17:10	61.30	5:41:08	5:33	4	47:21	191	1:36:58
Allzunah	19.90	1:33:07	4:40	3	11:10	56	25:03	81.20	7:14:15	5:20	3	58:31	191	1:59:08
Masserberg (Ren	17.90	1:30:49	5:04	3	7:32	57	22:29	99.10	8:45:04	5:17	3	58:19	191	2:15:35
Neuhaus (Rennst	19.90	1:49:16	5:29	6	14:24	93	32:18	119.00	10:34:20	5:19	3	1:12:43	191	2:43:21
Wanderhütte an	13.50	1:02:51	4:39	3	2:25	20	11:30	132.50	11:37:11	5:15	3	1:14:23	191	2:53:49
Brennersgrün	15.90	1:24:59	5:20	6	15:53	79	27:51	148.40	13:02:10	5:16	3	1:27:46	191	3:20:28
Blankenstein	20.30	1:28:32	4:21	4	1:28:32	30	1:28:32	168.97	14:30:42	5:09	3	1:30:51	45	3:32:08