



# 23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Team Comfortskates Skiroller

□□□: 13:19:24

□□: 186

□□: 12.68 km/h

□□□□: 4:43 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 22 (of 191)

□□□□□□: 10:58:34

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□□□□□: 17(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:09:27	4:57	23	13:13	33	13:13	14.00	1:09:27	4:57	23	13:13	33	13:13
Grenzwiese/Kleir	19.60	1:35:53	4:53	31	19:55	44	19:55	33.60	2:45:20	4:55	20	32:43	30	32:43
Neue Ausspanne	14.00	1:07:05	4:47	29	13:56	35	13:56	47.60	3:52:25	4:52	19	44:17	28	44:17
Grenzdler (Ober	13.70	1:02:49	4:35	16	10:57	17	10:57	61.30	4:55:14	4:48	18	51:04	24	51:04
Allzunah	19.90	1:37:29	4:53	54	29:25	73	29:25	81.20	6:32:43	4:50	17	1:17:36	24	1:17:36
Masserberg (Ren	17.90	1:30:30	5:03	38	22:10	54	22:10	99.10	8:03:13	4:52	18	1:33:44	26	1:33:44
Neuhaus (Rennst	19.90	1:31:05	4:34	17	14:07	21	14:07	119.00	9:34:18	4:49	16	1:43:19	21	1:43:19
Wanderhütte an	13.50	1:02:02	4:35	14	10:41	18	10:41	132.50	10:36:20	4:48	16	1:52:58	21	1:52:58
Brennersgrün	15.90	1:13:51	4:38	17	16:43	22	16:43	148.40	11:50:11	4:47	16	2:08:29	21	2:08:29
Blankenstein	20.30	1:29:13	4:23	25	15:10	33	1:29:13	168.97	13:19:24	4:43	17	2:20:50	22	2:20:50