



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Team Südeichsfeld

□□□: 13:36:27

□□: 193

□□: 12.35 km/h

□□□□: 4:49 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 26 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 20(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:05:13	4:39	12	8:59	16	8:59	14.00	1:05:13	4:39	12	8:59	16	8:59
Grenzwiese/Kleir	19.60	1:35:28	4:52	29	19:30	42	19:30	33.60	2:40:41	4:46	12	28:04	18	28:04
Neue Ausspanne	14.00	59:12	4:13	10	6:03	10	6:03	47.60	3:39:53	4:37	12	31:45	15	31:45
Grenzdler (Ober	13.70	1:08:20	4:59	34	16:28	38	16:28	61.30	4:48:13	4:42	15	44:03	17	44:03
Allzunah	19.90	1:39:17	4:59	59	31:13	80	31:13	81.20	6:27:30	4:46	16	1:12:23	23	1:12:23
Masserberg (Ren	17.90	1:27:10	4:52	24	18:50	34	18:50	99.10	7:54:40	4:47	16	1:25:11	22	1:25:11
Neuhaus (Rennst	19.90	1:47:20	5:23	60	30:22	82	30:22	119.00	9:42:00	4:53	21	1:51:01	28	1:51:01
Wanderhütte an	13.50	1:04:42	4:47	23	13:21	28	13:21	132.50	10:46:42	4:52	20	2:03:20	26	2:03:20
Brennersgrün	15.90	1:13:39	4:37	15	16:31	20	16:31	148.40	12:00:21	4:51	18	2:18:39	24	2:18:39
Blankenstein	20.30	1:36:06	4:44	38	22:03	53	1:36:06	168.97	13:36:27	4:49	20	2:37:53	26	2:37:53