



# 23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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## Brose Runners

□□: Coburg

□□: 111

□□: 168.97 km

Hörschel-Blankenstein

□□□□:

Männerstaffel

□□□: 14:03:54

□□: 11.94 km/h

□□□□: 4:59 min/km

□□□□□: 34 (of 191)

□□□□□□: 10:58:34

□□□□□: 26(of 122)

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:11:09	5:04	32	14:55	42	14:55	14.00	1:11:09	5:04	32	14:55	42	14:55
Grenzwiese/Kleir	19.60	1:36:23	4:55	33	20:25	46	20:25	33.60	2:47:32	4:59	28	34:55	40	34:55
Neue Ausspanne	14.00	1:13:16	5:14	59	20:07	75	20:07	47.60	4:00:48	5:03	32	52:40	42	52:40
Grenzdler (Ober	13.70	1:21:15	5:55	80	29:23	113	29:23	61.30	5:22:03	5:15	37	1:17:53	48	1:17:53
Allzunah	19.90	1:24:28	4:14	20	16:24	26	16:24	81.20	6:46:31	5:00	28	1:31:24	37	1:31:24
Masserberg (Ren	17.90	1:31:22	5:06	44	23:02	62	23:02	99.10	8:17:53	5:01	31	1:48:24	39	1:48:24
Neuhaus (Rennst	19.90	1:36:09	4:49	28	19:11	36	19:11	119.00	9:54:02	4:59	28	2:03:03	36	2:03:03
Wanderhütte an	13.50	1:04:13	4:45	19	12:52	24	12:52	132.50	10:58:15	4:58	26	2:14:53	33	2:14:53
Brennersgrün	15.90	1:16:12	4:47	25	19:04	31	19:04	148.40	12:14:27	4:56	22	2:32:45	28	2:32:45
Blankenstein	20.30	1:49:27	5:23	84	35:24	119	1:49:27	168.97	14:03:54	4:59	26	3:05:20	34	3:05:20