



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

0000

Fit mit Schmidt

00: Fit mit Schmidt
00: 130

00: 168.97 km
Hörschel-Blankenstein

0000:
Männerstaffel

0000: 14:17:53

00: 11.82 km/h
0000: 5:04 min/km

000000: 41 (of 191)

000000: 10:58:34

000000: 33(of 122)

0000000: 10:58:34

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|------------------|-------|---------|--------|-----|-------|-----|---------|--------|----------|--------|----|---------|-----|---------|
| | km | 00 | min/km | - | - | 000 | 000 | km | 00 | min/km | - | - | 000 | 000 |
| Hohe Sonne | 14.00 | 1:14:33 | 5:19 | 55 | 18:19 | 70 | 18:19 | 14.00 | 1:14:33 | 5:19 | 55 | 18:19 | 70 | 18:19 |
| Grenzwiese/Kleir | 19.60 | 1:42:21 | 5:13 | 50 | 26:23 | 68 | 26:23 | 33.60 | 2:56:54 | 5:15 | 46 | 44:17 | 63 | 44:17 |
| Neue Ausspanne | 14.00 | 1:13:00 | 5:12 | 58 | 19:51 | 74 | 19:51 | 47.60 | 4:09:54 | 5:15 | 43 | 1:01:46 | 56 | 1:01:46 |
| Grenzdler (Ober | 13.70 | 1:30:57 | 6:38 | 114 | 39:05 | 170 | 39:05 | 61.30 | 5:40:51 | 5:33 | 66 | 1:36:41 | 83 | 1:36:41 |
| Allzunah | 19.90 | 1:32:55 | 4:40 | 39 | 24:51 | 55 | 24:51 | 81.20 | 7:13:46 | 5:20 | 53 | 1:58:39 | 68 | 1:58:39 |
| Masserberg (Ren | 17.90 | 1:26:39 | 4:50 | 22 | 18:19 | 31 | 18:19 | 99.10 | 8:40:25 | 5:15 | 45 | 2:10:56 | 56 | 2:10:56 |
| Neuhaus (Rennst | 19.90 | 1:38:56 | 4:58 | 34 | 21:58 | 44 | 21:58 | 119.00 | 10:19:21 | 5:12 | 39 | 2:28:22 | 48 | 2:28:22 |
| Wanderhütte an | 13.50 | 1:03:48 | 4:43 | 18 | 12:27 | 23 | 12:27 | 132.50 | 11:23:09 | 5:09 | 35 | 2:39:47 | 44 | 2:39:47 |
| Brennersgrün | 15.90 | 1:27:14 | 5:29 | 66 | 30:06 | 96 | 30:06 | 148.40 | 12:50:23 | 5:11 | 38 | 3:08:41 | 46 | 3:08:41 |
| Blankenstein | 20.30 | 1:27:30 | 4:18 | 19 | 13:27 | 26 | 1:27:30 | 168.97 | 14:17:53 | 5:04 | 33 | 3:19:19 | 41 | 3:19:19 |