



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

□□□□

Zatopeks Erben

□□□: 14:27:59

□□: 212

□□: 11.61 km/h

□□□□: 5:08 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 44 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 36(of 122)

Männerstaffel

□□□□□□□: 10:58:34

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:13:20	5:14	47	17:06	61	17:06	14.00	1:13:20	5:14	47	17:06	61	17:06
Grenzwiese/Kleir	19.60	1:37:53	4:59	36	21:55	50	21:55	33.60	2:51:13	5:05	41	38:36	55	38:36
Neue Ausspanne	14.00	1:07:19	4:48	31	14:10	38	14:10	47.60	3:58:32	5:00	28	50:24	38	50:24
Grenzdler (Ober	13.70	1:11:35	5:13	44	19:43	53	19:43	61.30	5:10:07	5:03	30	1:05:57	40	1:05:57
Allzunah	19.90	1:27:46	4:24	25	19:42	33	19:42	81.20	6:37:53	4:54	21	1:22:46	28	1:22:46
Masserberg (Ren	17.90	1:35:55	5:21	58	27:35	80	27:35	99.10	8:13:48	4:58	24	1:44:19	32	1:44:19
Neuhaus (Rennst	19.90	2:03:45	6:13	102	46:47	151	46:47	119.00	10:17:33	5:11	38	2:26:34	47	2:26:34
Wanderhütte an	13.50	1:16:18	5:39	70	24:57	88	24:57	132.50	11:33:51	5:14	42	2:50:29	51	2:50:29
Brennersgrün	15.90	1:29:48	5:38	79	32:40	114	32:40	148.40	13:03:39	5:16	41	3:21:57	51	3:21:57
Blankenstein	20.30	1:24:20	4:09	10	10:17	15	1:24:20	168.97	14:27:59	5:08	36	3:29:25	44	3:29:25