



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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HaDuLuZuLa

□□□: 14:31:23

□□: 137

□□: 11.57 km/h
 □□□□: 5:09 min/km

□□: 168.97 km
 Hörschel-Blankenstein

□□□□□: 46 (of 191)

□□□□□□: 10:58:34

□□□□:
 Männerstaffel

□□□□□: 37(of 122)

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:19:00	5:38	79	22:46	108	22:46	14.00	1:19:00	5:38	79	22:46	108	22:46
Grenzwiese/Kleir	19.60	1:30:00	4:35	11	14:02	19	14:02	33.60	2:49:00	5:01	37	36:23	49	36:23
Neue Ausspanne	14.00	1:14:16	5:18	65	21:07	83	21:07	47.60	4:03:16	5:06	36	55:08	46	55:08
Grenzadler (Ober	13.70	1:03:12	4:36	17	11:20	18	11:20	61.30	5:06:28	4:59	24	1:02:18	32	1:02:18
Allzunah	19.90	1:40:18	5:02	66	32:14	88	32:14	81.20	6:46:46	5:00	29	1:31:39	38	1:31:39
Masserberg (Ren	17.90	1:37:35	5:27	66	29:15	90	29:15	99.10	8:24:21	5:05	36	1:54:52	45	1:54:52
Neuhaus (Rennst	19.90	1:50:13	5:32	72	33:15	98	33:15	119.00	10:14:34	5:09	36	2:23:35	45	2:23:35
Wanderhütte an	13.50	1:17:37	5:44	78	26:16	97	26:16	132.50	11:32:11	5:13	40	2:48:49	49	2:48:49
Brennersgrün	15.90	1:32:34	5:49	87	35:26	128	35:26	148.40	13:04:45	5:17	42	3:23:03	52	3:23:03
Blankenstein	20.30	1:26:38	4:16	16	12:35	23	1:26:38	168.97	14:31:23	5:09	37	3:32:49	46	3:32:49