



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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OBERLAND-RAKETEN

□□□: 14:35:02

□□: 167

□□: 11.52 km/h
□□□□: 5:10 min/km

□□: 168.97 km
Hörschel-Blankenstein

□□□□□: 48 (of 191)

□□□□□□: 10:58:34

□□□□:
Männerstaffel

□□□□□: 39(of 122)

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:21:29	5:49	93	25:15	129	25:15	14.00	1:21:29	5:49	93	25:15	129	25:15
Grenzwiese/Kleir	19.60	1:47:09	5:28	68	31:11	92	31:11	33.60	3:08:38	5:36	77	56:01	105	56:01
Neue Ausspanne	14.00	1:07:53	4:50	32	14:44	39	14:44	47.60	4:16:31	5:23	53	1:08:23	68	1:08:23
Grenzdler (Ober	13.70	1:16:46	5:36	66	24:54	89	24:54	61.30	5:33:17	5:26	53	1:29:07	69	1:29:07
Allzunah	19.90	1:41:55	5:07	72	33:51	99	33:51	81.20	7:15:12	5:21	55	2:00:05	71	2:00:05
Masserberg (Ren	17.90	1:29:41	5:00	35	21:21	49	21:21	99.10	8:44:53	5:17	50	2:15:24	64	2:15:24
Neuhaus (Rennst	19.90	1:43:26	5:11	46	26:28	62	26:28	119.00	10:28:19	5:16	44	2:37:20	55	2:37:20
Wanderhütte an	13.50	1:13:21	5:25	54	22:00	68	22:00	132.50	11:41:40	5:17	45	2:58:18	55	2:58:18
Brennersgrün	15.90	1:21:08	5:06	43	24:00	57	24:00	148.40	13:02:48	5:16	40	3:21:06	50	3:21:06
Blankenstein	20.30	1:32:14	4:32	29	18:11	41	1:32:14	168.97	14:35:02	5:10	39	3:36:28	48	3:36:28