



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Long Iceland Ice Tea

□□: Chemie Leipzig
 □□: 158

□□: 168.97 km
 Hörschel-Blankenstein

□□□□:
 Männerstaffel

□□□: 14:59:20

□□: 11.21 km/h
 □□□□: 5:19 min/km

□□□□□: 63 (of 191)

□□□□□□: 10:58:34

□□□□□: 49(of 122)

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:12:40	5:11	39	16:26	52	16:26	14.00	1:12:40	5:11	39	16:26	52	16:26
Grenzwiese/Kleir	19.60	1:33:42	4:46	23	17:44	35	17:44	33.60	2:46:22	4:57	23	33:45	34	33:45
Neue Ausspanne	14.00	1:05:51	4:42	27	12:42	32	12:42	47.60	3:52:13	4:52	18	44:05	27	44:05
Grenzdler (Ober	13.70	1:24:26	6:09	89	32:34	131	32:34	61.30	5:16:39	5:09	34	1:12:29	44	1:12:29
Allzunah	19.90	1:37:12	4:53	51	29:08	70	29:08	81.20	6:53:51	5:05	37	1:38:44	47	1:38:44
Masserberg (Ren	17.90	1:39:28	5:33	77	31:08	105	31:08	99.10	8:33:19	5:10	41	2:03:50	51	2:03:50
Neuhaus (Rennst	19.90	2:09:55	6:31	112	52:57	169	52:57	119.00	10:43:14	5:24	53	2:52:15	71	2:52:15
Wanderhütte an	13.50	1:14:46	5:32	65	23:25	79	23:25	132.50	11:58:00	5:25	52	3:14:38	67	3:14:38
Brennersgrün	15.90	1:21:03	5:05	41	23:55	55	23:55	148.40	13:19:03	5:23	50	3:37:21	62	3:37:21
Blankenstein	20.30	1:40:17	4:56	55	26:14	72	1:40:17	168.97	14:59:20	5:19	49	4:00:46	63	4:00:46