



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Devil´s Wood Runners Lauscha

□□□: 15:05:11

□□: WSV Lauscha

□□: 11.14 km/h

□□: 114

□□□□: 5:21 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 67 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 53(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Hohe Sonne	14.00	1:29:19	6:22	113	33:05	164	33:05	14.00	1:29:19	6:22	113	33:05	164	33:05
Grenzwiese/Kleir	19.60	1:56:44	5:57	94	40:46	137	40:46	33.60	3:26:03	6:07	109	1:13:26	157	1:13:26
Neue Ausspanne	14.00	1:08:41	4:54	35	15:32	42	15:32	47.60	4:34:44	5:46	84	1:26:36	115	1:26:36
Grenzdler (Ober	13.70	1:09:31	5:04	38	17:39	46	17:39	61.30	5:44:15	5:36	74	1:40:05	95	1:40:05
Allzunah	19.90	1:36:45	4:51	49	28:41	67	28:41	81.20	7:21:00	5:25	64	2:05:53	82	2:05:53
Masserberg (Ren	17.90	1:47:20	5:59	97	39:00	146	39:00	99.10	9:08:20	5:31	71	2:38:51	93	2:38:51
Neuhaus (Rennst	19.90	1:56:22	5:50	88	39:24	124	39:24	119.00	11:04:42	5:35	78	3:13:43	103	3:13:43
Wanderhütte an	13.50	1:01:38	4:33	13	10:17	17	10:17	132.50	12:06:20	5:28	63	3:22:58	80	3:22:58
Brennersgrün	15.90	1:18:16	4:55	32	21:08	44	21:08	148.40	13:24:36	5:25	57	3:42:54	71	3:42:54
Blankenstein	20.30	1:40:35	4:57	57	26:32	74	1:40:35	168.97	15:05:11	5:21	53	4:06:37	67	4:06:37