



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

XXXX

XFAB/Melexis Running Chips

XXX: 15:09:21

XX: 211

XX: 11.08 km/h

XXXX: 5:22 min/km

XX: 168.97 km

Hörschel-Blankenstein

XXXXX: 73 (of 191)

XXXXXX: 10:58:34

XXXX:

XXXXX: 58(of 122)

Männerstaffel

XXXXXXX: 10:58:34

XXXX

XXXX

XXX

XXX	XX	XX	XX	XX	XX	XX	XX	XXX	XXX	XXX	XX	XX	XX	XX
	km	XX	min/km	-	-	XX	XXX	km	XX	min/km	-	-	XX	XXX
Hohe Sonne	14.00	1:19:16	5:39	82	23:02	112	23:02	14.00	1:19:16	5:39	82	23:02	112	23:02
Grenzwiese/Kleir	19.60	1:45:37	5:23	62	29:39	85	29:39	33.60	3:04:53	5:30	63	52:16	84	52:16
Neue Ausspanne	14.00	1:08:07	4:51	34	14:58	41	14:58	47.60	4:13:00	5:18	49	1:04:52	63	1:04:52
Grenzdler (Ober	13.70	1:25:25	6:14	91	33:33	134	33:33	61.30	5:38:25	5:31	63	1:34:15	80	1:34:15
Allzunah	19.90	1:42:08	5:07	73	34:04	100	34:04	81.20	7:20:33	5:25	63	2:05:26	81	2:05:26
Masserberg (Ren	17.90	1:42:19	5:42	84	33:59	116	33:59	99.10	9:02:52	5:28	65	2:33:23	86	2:33:23
Neuhaus (Rennst	19.90	1:56:15	5:50	87	39:17	122	39:17	119.00	10:59:07	5:32	73	3:08:08	95	3:08:08
Wanderhütte an	13.50	1:09:20	5:08	39	17:59	50	17:59	132.50	12:08:27	5:29	65	3:25:05	83	3:25:05
Brennersgrün	15.90	1:22:03	5:09	45	24:55	62	24:55	148.40	13:30:30	5:27	63	3:48:48	80	3:48:48
Blankenstein	20.30	1:38:51	4:52	48	24:48	65	1:38:51	168.97	15:09:21	5:22	58	4:10:47	73	4:10:47