



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Team TEAG Thüringer Energie

□□□: 15:16:15

□□: 183

□□: 11.00 km/h

□□□□: 5:25 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 79 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 61(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:07:43	4:50	20	11:29	28	11:29	14.00	1:07:43	4:50	20	11:29	28	11:29
Grenzwiese/Kleir	19.60	1:41:04	5:09	47	25:06	63	25:06	33.60	2:48:47	5:01	36	36:10	48	36:10
Neue Ausspanne	14.00	1:05:05	4:38	23	11:56	26	11:56	47.60	3:53:52	4:54	23	45:44	32	45:44
Grenzdler (Ober	13.70	1:19:24	5:47	74	27:32	104	27:32	61.30	5:13:16	5:06	33	1:09:06	43	1:09:06
Allzunah	19.90	1:36:28	4:50	48	28:24	66	28:24	81.20	6:49:44	5:02	31	1:34:37	40	1:34:37
Masserberg (Ren	17.90	2:05:33	7:00	118	57:13	185	57:13	99.10	8:55:17	5:24	60	2:25:48	78	2:25:48
Neuhaus (Rennst	19.90	1:55:13	5:47	84	38:15	118	38:15	119.00	10:50:30	5:27	62	2:59:31	81	2:59:31
Wanderhütte an	13.50	1:18:54	5:50	85	27:33	110	27:33	132.50	12:09:24	5:30	66	3:26:02	84	3:26:02
Brennersgrün	15.90	1:32:54	5:50	88	35:46	131	35:46	148.40	13:42:18	5:32	73	4:00:36	91	4:00:36
Blankenstein	20.30	1:33:57	4:37	33	19:54	46	1:33:57	168.97	15:16:15	5:25	61	4:17:41	79	4:17:41