



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Rhöner Mädels

□□: Rhöner WSV
 □□: 8

□□: 168.97 km
 Hörschel-Blankenstein

□□□□:
 Frauenstaffel

□□□: 16:44:39

□□: 10.09 km/h
 □□□□: 5:56 min/km

□□□□□: 155 (of 191)

□□□□□□: 10:58:34

□□□□□: 8(of 15)

□□□□□□□: 12:59:51

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:17:02	5:30	3	10:14	86	20:48	14.00	1:17:02	5:30	3	10:14	192	20:48
Grenzwiese/Kleir	19.60	1:49:15	5:34	4	18:24	101	33:17	33.60	3:06:17	5:32	3	21:20	191	53:40
Neue Ausspanne	14.00	1:10:57	5:04	4	6:14	66	17:48	47.60	4:17:14	5:24	3	27:34	191	1:09:06
Grenzdler (Ober	13.70	1:09:09	5:02	3	5:02	43	17:17	61.30	5:26:23	5:19	3	32:36	191	1:22:13
Allzunah	19.90	2:03:23	6:12	11	41:26	169	55:19	81.20	7:29:46	5:32	4	1:14:02	191	2:14:39
Masserberg (Ren	17.90	2:07:12	7:06	15	43:55	187	58:52	99.10	9:36:58	5:49	6	1:50:13	191	3:07:29
Neuhaus (Rennst	19.90	2:07:48	6:25	12	32:56	164	50:50	119.00	11:44:46	5:55	7	2:23:09	191	3:53:47
Wanderhütte an	13.50	1:18:55	5:50	8	18:29	111	27:34	132.50	13:03:41	5:54	7	2:40:53	191	4:20:19
Brennersgrün	15.90	1:16:38	4:49	3	7:32	35	19:30	148.40	14:20:19	5:47	7	2:45:55	191	4:38:37
Blankenstein	20.30	2:24:20	7:06	15	2:24:20	190	2:24:20	168.97	16:44:39	5:56	8	3:44:48	155	5:46:05