



# 23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Dolmarhoppers Christes

□□□: 15:21:45

□□: 125

□□: 11.00 km/h

□□□□: 5:27 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 84 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 65(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:49:19	7:48	122	53:05	190	53:05	14.00	1:49:19	7:48	122	53:05	190	53:05
Grenzwiese/Kleir	19.60	1:51:16	5:40	77	35:18	110	35:18	33.60	3:40:35	6:33	120	1:27:58	180	1:27:58
Neue Ausspanne	14.00	1:09:47	4:59	43	16:38	52	16:38	47.60	4:50:22	6:06	108	1:42:14	159	1:42:14
Grenzdler (Ober	13.70	1:26:44	6:19	95	34:52	143	34:52	61.30	6:17:06	6:09	114	2:12:56	166	2:12:56
Allzunah	19.90	1:39:53	5:01	61	31:49	82	31:49	81.20	7:56:59	5:52	102	2:41:52	143	2:41:52
Masserberg (Ren	17.90	1:44:44	5:51	90	36:24	131	36:24	99.10	9:41:43	5:52	101	3:12:14	144	3:12:14
Neuhaus (Rennst	19.90	1:42:34	5:09	44	25:36	57	25:36	119.00	11:24:17	5:45	93	3:33:18	126	3:33:18
Wanderhütte an	13.50	1:07:17	4:59	35	15:56	41	15:56	132.50	12:31:34	5:40	85	3:48:12	111	3:48:12
Brennersgrün	15.90	1:13:19	4:36	14	16:11	18	16:11	148.40	13:44:53	5:33	76	4:03:11	98	4:03:11
Blankenstein	20.30	1:36:52	4:46	44	22:49	60	1:36:52	168.97	15:21:45	5:27	65	4:23:11	84	4:23:11