



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Die himmelblauen Ziegenböcke

□□□: 15:22:05

□□: 120

□□: 10.93 km/h

□□□□: 5:27 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 85 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 66(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:19:28	5:40	83	23:14	113	23:14	14.00	1:19:28	5:40	83	23:14	113	23:14
Grenzwiese/Kleir	19.60	1:54:33	5:50	92	38:35	130	38:35	33.60	3:14:01	5:46	86	1:01:24	118	1:01:24
Neue Ausspanne	14.00	1:04:13	4:35	20	11:04	22	11:04	47.60	4:18:14	5:25	55	1:10:06	73	1:10:06
Grenzdler (Ober	13.70	1:14:38	5:26	56	22:46	72	22:46	61.30	5:32:52	5:25	51	1:28:42	67	1:28:42
Allzunah	19.90	1:22:17	4:08	14	14:13	18	14:13	81.20	6:55:09	5:06	39	1:40:02	49	1:40:02
Masserberg (Ren	17.90	1:38:00	5:28	69	29:40	96	29:40	99.10	8:33:09	5:10	40	2:03:40	50	2:03:40
Neuhaus (Rennst	19.90	2:29:40	7:31	120	1:12:42	186	1:12:42	119.00	11:02:49	5:34	76	3:11:50	99	3:11:50
Wanderhütte an	13.50	1:10:38	5:13	44	19:17	57	19:17	132.50	12:13:27	5:32	72	3:30:05	94	3:30:05
Brennersgrün	15.90	1:23:58	5:16	51	26:50	71	26:50	148.40	13:37:25	5:30	67	3:55:43	84	3:55:43
Blankenstein	20.30	1:44:40	5:09	72	30:37	97	1:44:40	168.97	15:22:05	5:27	66	4:23:31	85	4:23:31