



# 23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Punktlandung

□□□: 15:22:10

□□: 503

□□: 10.93 km/h

□□□□: 5:27 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 86 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 67(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:22:24	5:53	98	26:10	135	26:10	14.00	1:22:24	5:53	98	26:10	135	26:10
Grenzwiese/Kleir	19.60	1:58:10	6:01	98	42:12	146	42:12	33.60	3:20:34	5:58	98	1:07:57	142	1:07:57
Neue Ausspanne	14.00	1:23:55	5:59	91	30:46	133	30:46	47.60	4:44:29	5:58	102	1:36:21	144	1:36:21
Grenzdler (Ober	13.70	1:18:42	5:44	71	26:50	99	26:50	61.30	6:03:11	5:55	96	1:59:01	130	1:59:01
Allzunah	19.90	1:32:47	4:39	38	24:43	54	24:43	81.20	7:35:58	5:36	77	2:20:51	104	2:20:51
Masserberg (Ren	17.90	1:31:16	5:05	43	22:56	61	22:56	99.10	9:07:14	5:31	69	2:37:45	91	2:37:45
Neuhaus (Rennst	19.90	1:59:33	6:00	94	42:35	137	42:35	119.00	11:06:47	5:36	79	3:15:48	104	3:15:48
Wanderhütte an	13.50	59:27	4:24	9	8:06	11	8:06	132.50	12:06:14	5:28	62	3:22:52	79	3:22:52
Brennersgrün	15.90	1:15:41	4:45	23	18:33	28	18:33	148.40	13:21:55	5:24	51	3:40:13	64	3:40:13
Blankenstein	20.30	2:00:15	5:55	96	46:12	148	2:00:15	168.97	15:22:10	5:27	67	4:23:36	86	4:23:36