



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

□□□□

Rhöner Männer

□□: Rhöner WSV
 □□: 171

□□: 168.97 km
 Hörschel-Blankenstein

□□□□:
 Männerstaffel

□□□: 15:24:46

□□: 10.90 km/h
 □□□□: 5:28 min/km

□□□□□: 89 (of 191)

□□□□□□: 10:58:34

□□□□□: 69(of 122)

□□□□□□□: 10:58:34

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:21:31	5:49	94	25:17	130	25:17	14.00	1:21:31	5:49	94	25:17	130	25:17
Grenzwiese/Kleir	19.60	1:56:32	5:56	93	40:34	136	40:34	33.60	3:18:03	5:53	95	1:05:26	135	1:05:26
Neue Ausspanne	14.00	1:11:37	5:06	54	18:28	68	18:28	47.60	4:29:40	5:39	80	1:21:32	104	1:21:32
Grenzdler (Ober	13.70	1:10:19	5:07	40	18:27	49	18:27	61.30	5:39:59	5:32	64	1:35:49	81	1:35:49
Allzunah	19.90	1:43:29	5:12	77	35:25	107	35:25	81.20	7:23:28	5:27	66	2:08:21	85	2:08:21
Masserberg (Ren	17.90	1:30:17	5:02	37	21:57	53	21:57	99.10	8:53:45	5:23	58	2:24:16	75	2:24:16
Neuhaus (Rennst	19.90	2:01:23	6:05	98	44:25	146	44:25	119.00	10:55:08	5:30	67	3:04:09	88	3:04:09
Wanderhütte an	13.50	1:10:29	5:13	43	19:08	56	19:08	132.50	12:05:37	5:28	60	3:22:15	77	3:22:15
Brennersgrün	15.90	1:29:16	5:36	75	32:08	108	32:08	148.40	13:34:53	5:29	65	3:53:11	82	3:53:11
Blankenstein	20.30	1:49:53	5:24	85	35:50	122	1:49:53	168.97	15:24:46	5:28	69	4:26:12	89	4:26:12