



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Die Granitler

□□: FC Waldstein
 □□: 100

□□: 168.97 km
 Hörschel-Blankenstein

□□□□:
 Männerstaffel

□□□: 15:27:05

□□: 10.94 km/h
 □□□□: 5:29 min/km

□□□□□: 92 (of 191)

□□□□□□: 10:58:34

□□□□□: 72(of 122)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:14:28	5:19	54	18:14	69	18:14	14.00	1:14:28	5:19	54	18:14	69	18:14
Grenzwiese/Kleir	19.60	1:40:35	5:07	43	24:37	58	24:37	33.60	2:55:03	5:12	43	42:26	57	42:26
Neue Ausspanne	14.00	1:31:04	6:30	111	37:55	169	37:55	47.60	4:26:07	5:35	74	1:17:59	95	1:17:59
Grenzdler (Ober	13.70	1:16:23	5:34	64	24:31	87	24:31	61.30	5:42:30	5:35	72	1:38:20	90	1:38:20
Allzunah	19.90	1:55:57	5:49	103	47:53	156	47:53	81.20	7:38:27	5:38	84	2:23:20	112	2:23:20
Masserberg (Ren	17.90	1:38:31	5:30	71	30:11	99	30:11	99.10	9:16:58	5:37	84	2:47:29	111	2:47:29
Neuhaus (Rennst	19.90	1:38:20	4:56	32	21:22	42	21:22	119.00	10:55:18	5:30	68	3:04:19	89	3:04:19
Wanderhütte an	13.50	1:12:39	5:22	51	21:18	65	21:18	132.50	12:07:57	5:29	64	3:24:35	82	3:24:35
Brennersgrün	15.90	1:26:24	5:26	62	29:16	92	29:16	148.40	13:34:21	5:29	64	3:52:39	81	3:52:39
Blankenstein	20.30	1:52:44	5:33	87	38:41	127	1:52:44	168.97	15:27:05	5:29	72	4:28:31	92	4:28:31