



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

□□□□

Team DEURA Haus

□□□: 15:27:40

□□: 187

□□: 10.87 km/h

□□□□: 5:29 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 93 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 73(of 122)

Männerstaffel

□□□□□□□: 10:58:34

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:32:26	6:36	116	36:12	175	36:12	14.00	1:32:26	6:36	116	36:12	175	36:12
Grenzwiese/Kleir	19.60	2:02:21	6:14	107	46:23	159	46:23	33.60	3:34:47	6:23	117	1:22:10	174	1:22:10
Neue Ausspanne	14.00	1:21:13	5:48	84	28:04	118	28:04	47.60	4:56:00	6:13	117	1:47:52	174	1:47:52
Grenzdler (Ober	13.70	1:15:44	5:31	61	23:52	84	23:52	61.30	6:11:44	6:03	108	2:07:34	152	2:07:34
Allzunah	19.90	1:22:01	4:07	13	13:57	17	13:57	81.20	7:33:45	5:35	75	2:18:38	98	2:18:38
Masserberg (Ren	17.90	1:29:40	5:00	34	21:20	48	21:20	99.10	9:03:25	5:29	66	2:33:56	88	2:33:56
Neuhaus (Rennst	19.90	1:42:45	5:09	45	25:47	58	25:47	119.00	10:46:10	5:25	57	2:55:11	75	2:55:11
Wanderhütte an	13.50	1:17:49	5:45	80	26:28	100	26:28	132.50	12:03:59	5:27	59	3:20:37	76	3:20:37
Brennersgrün	15.90	1:42:51	6:28	106	45:43	167	45:43	148.40	13:46:50	5:34	78	4:05:08	102	4:05:08
Blankenstein	20.30	1:40:50	4:58	60	26:47	77	1:40:50	168.97	15:27:40	5:29	73	4:29:06	93	4:29:06