



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Team Betonknacker

□□□: 15:35:46

□□: 184

□□: 10.77 km/h

□□□□: 5:32 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 94 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 74(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:12:52	5:12	43	16:38	56	16:38	14.00	1:12:52	5:12	43	16:38	56	16:38
Grenzwiese/Kleir	19.60	1:53:22	5:47	85	37:24	123	37:24	33.60	3:06:14	5:32	70	53:37	93	53:37
Neue Ausspanne	14.00	1:39:27	7:06	119	46:18	186	46:18	47.60	4:45:41	6:00	103	1:37:33	147	1:37:33
Grenzdler (Ober	13.70	1:30:49	6:37	113	38:57	169	38:57	61.30	6:16:30	6:08	113	2:12:20	165	2:12:20
Allzunah	19.90	1:44:25	5:14	79	36:21	109	36:21	81.20	8:00:55	5:55	108	2:45:48	152	2:45:48
Masserberg (Ren	17.90	1:39:10	5:32	74	30:50	102	30:50	99.10	9:40:05	5:51	98	3:10:36	140	3:10:36
Neuhaus (Rennst	19.90	1:48:20	5:26	66	31:22	90	31:22	119.00	11:28:25	5:47	97	3:37:26	135	3:37:26
Wanderhütte an	13.50	1:16:30	5:40	72	25:09	91	25:09	132.50	12:44:55	5:46	95	4:01:33	126	4:01:33
Brennersgrün	15.90	1:21:58	5:09	44	24:50	60	24:50	148.40	14:06:53	5:42	85	4:25:11	112	4:25:11
Blankenstein	20.30	1:28:53	4:22	24	14:50	32	1:28:53	168.97	15:35:46	5:32	74	4:37:12	94	4:37:12