



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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KILLERBIENEN

□□□: 16:54:44

□□: 3

□□: 9.99 km/h

□□□□: 6:00 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 162 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 9(of 15)

Frauenstaffel

□□□□□□□: 12:59:51

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:30:10	6:26	9	23:22	166	33:56	14.00	1:30:10	6:26	9	23:22	192	33:56
Grenzwiese/Kleir	19.60	2:03:34	6:18	7	32:43	162	47:36	33.60	3:33:44	6:21	8	48:47	191	1:21:07
Neue Ausspanne	14.00	1:15:56	5:25	6	11:13	90	22:47	47.60	4:49:40	6:05	8	1:00:00	191	1:41:32
Grenzdler (Ober	13.70	1:26:05	6:17	11	21:58	138	34:13	61.30	6:15:45	6:07	8	1:21:58	191	2:11:35
Allzunah	19.90	1:57:45	5:55	9	35:48	162	49:41	81.20	8:13:30	6:04	9	1:57:46	191	2:58:23
Masserberg (Ren	17.90	1:45:46	5:54	12	22:29	139	37:26	99.10	9:59:16	6:02	9	2:12:31	191	3:29:47
Neuhaus (Rennst	19.90	2:08:05	6:26	13	33:13	165	51:07	119.00	12:07:21	6:06	10	2:45:44	191	4:16:22
Wanderhütte an	13.50	1:15:37	5:36	7	15:11	83	24:16	132.50	13:22:58	6:03	9	3:00:10	191	4:39:36
Brennersgrün	15.90	1:35:56	6:02	13	26:50	137	38:48	148.40	14:58:54	6:03	9	3:24:30	191	5:17:12
Blankenstein	20.30	1:55:50	5:42	11	1:55:50	137	1:55:50	168.97	16:54:44	6:00	9	3:54:53	162	5:56:10