



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Narrenstaffel 1

□□□: 15:40:45

□□: 165

□□: 10.71 km/h

□□□□: 5:34 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 100 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 78(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:07:15	4:48	18	11:01	26	11:01	14.00	1:07:15	4:48	18	11:01	26	11:01
Grenzwiese/Kleir	19.60	1:58:46	6:03	99	42:48	148	42:48	33.60	3:06:01	5:32	68	53:24	90	53:24
Neue Ausspanne	14.00	1:10:47	5:03	50	17:38	63	17:38	47.60	4:16:48	5:23	54	1:08:40	69	1:08:40
Grenzdler (Ober	13.70	1:14:18	5:25	52	22:26	68	22:26	61.30	5:31:06	5:24	48	1:26:56	63	1:26:56
Allzunah	19.90	1:47:58	5:25	91	39:54	128	39:54	81.20	7:19:04	5:24	62	2:03:57	80	2:03:57
Masserberg (Ren	17.90	1:34:37	5:17	53	26:17	75	26:17	99.10	8:53:41	5:23	57	2:24:12	74	2:24:12
Neuhaus (Rennst	19.90	2:08:53	6:28	111	51:55	168	51:55	119.00	11:02:34	5:34	75	3:11:35	97	3:11:35
Wanderhütte an	13.50	1:01:17	4:32	12	9:56	16	9:56	132.50	12:03:51	5:27	58	3:20:29	75	3:20:29
Brennersgrün	15.90	1:34:19	5:55	90	37:11	134	37:11	148.40	13:38:10	5:30	70	3:56:28	88	3:56:28
Blankenstein	20.30	2:02:35	6:02	100	48:32	155	2:02:35	168.97	15:40:45	5:34	78	4:42:11	100	4:42:11